





Food allergen chart

	Foods	Egg	Milk	Wheat	Shrimp	Walnut	Sesame	Apple	Peach	Orange	Soy	Beef	Pork	Chicken	Gelatin
【Day 1 lunch】 	Bread (canapé)	○	○	○		(○)	(○)			○	○				
	Bread (for hot dog)	(○)	○	○		(○)	(○)				○				
	Unsalted boneless ham												○		
	"Homemade" sausage			○									○		
	Scrambled egg	○	○								○				
	Boiled cabbage (curry flavor)														
	Japanese-style dressing - Sesame soy sauce				○		○				○				
	Japanese grape jelly			(○)					(○)	(○)					
	Tomato ketchup														
	Milk			○											
【Day 1 dinner】 	Beef steak											○			
	Steak sauce - Japanese-style oroshi			○				○			○				
	Cream stew		○	○							○		○	○	
	Ingredients												○		
	Spaghetti			○							○				
	Napolitan sauce										○				
	Assorted cooked vegetables										○				
	Fried potatoes	(○)		○							○				
	Fruit cocktail							○	○						
	Rice														
【Day 2 breakfast】 	Salted grilled trout														
	Thick fried egg	○		○							○				
	Boiled greens with soy sauce			○							○				
	Red konnyaku (bonito flavored)			○							○				
	Boiled shrimp beans (shrimp)			○	○						○				
	(beans)			○							○				
	Sweetened boiled gobies ("urori")			○	(○)						○				
	Miso soup										○				
	Seaweed sprinkles		○	○			○				○				
Rice															
【Day 2 lunch】 	Curry sauce		○	○							○	○		○	
	Pork cutlet	○		○							○		○		
	Potato salad	○													
	Sliced vegetables pickled in soy sauce			○							○				
	Apple yogurt			○				○							○
	Rice														
	Milk		○												

★Green tea (at mealtime, for activities on day 2)…Green tea teabag (green tea grown in Shiga Prefecture)

*The food items containing allergens (allergic substances) are only for food ingredients that apply to the seven items that must be listed under the Food Sanitation Act and 20 items recommended to be listed.

※1 : Items that must be listed…Eggs, Milk, Wheat, Buckwheat, peanuts, crab

※2 : Items recommended to be listed…Abalone, squid, salmon roe, Orange, Kiwifruit, Beef, Walnut, salmon, mackerel, Soy, Chicken, Pork, matsutake mushroom, Peach, Japanese yam, Apple, Gelatin, banana, Sesame, c